



Lara Keromosemito Consultant, trainer and coach

VITA

- More than 20 years' experience in international management diagnostics (Assessment Centers/Management Audits) and development
- Training and coaching of more than 5,000 managers
- 2-year training as a coach under Ulrich Dehner, founding member of the German Coaching Association [Bundesverband für Coaching, DBVC]
- 3-year mindfulness-based training at the "school for being"
- Degree in Psychology, Personnel and Organizational Psychology (RWTH Aachen University)
- International experience (Europe, Brazil, India, United Arab Emirates, South Africa, USA)
- Project languages German and English

CONTACT:

Lara Keromosemito Ubierring 43 | 50678 Cologne Fon: +49 (0)174 / 947 957 3 Fax: +49 (0)221/ 139 666 8 lara@keromosemito.de www.keromosemito.de »Working with me is a conscious decision to try something new. And why not? You are already familiar with all the old stuff.

My customers say "yes" to actively shaping an intensive change process with me.«

Since 06/01 Consultant, trainer, and coach

01/01-05/01 Area manager at Kienbaum Management Consultants GmbH

07/98-12/00 Senior consultant at Kienbaum Management Consultants GmbH

01/98-06/98 Specialist consultant at Kienbaum Management Consultants GmbH

HR development areag.

11/95-12/97 Consultant at Andersen Consulting GmbH Düsseldorf (now accenture) Change Management area

09/94-10/95 Freelancer at Kienbaum Personalberatung GmbH

10/89-03/96 Studies in Psychology, Justus Liebig University Giessen and RWTH Aachen, University, Degree in Psychology

09/88 – 09/89 Studies at Lettres Modernes" University of Toulouse Le Mirail, France

1998 – 2000 Coaching qualification, Konstanzer Seminare